Scheme for the Prevention of Pregnancy in Women who miss one or more oral contraceptive pills

1. How long has it been since you missed taking your pill?
   - 12 hours or less
     - Take the missed pill now and further pills as usual.
   - More than 12 hours
     - Take the most recent missed pill now
     - Discard any earlier missed pills
     - Use extra precautions (for instance, condoms) for the next 7 days

2. How many pills are left in the packet after the most recent missed pill?
   - 7 or more pills
     - When you have finished the packet, leave the usual 7-day break before starting the next packet
   - Fewer than 7 pills
     - When you have finished the packet, start the next packet the next day, without a break